

## Team Fun: A Collaborative and Family-Centred approach to Neuromuscular Management

The Child Development Centre is working to change the perspective on Neuromuscular clinics by creating a fun, relaxed and playful clinic environment for their clients and families. This presentation will highlight their collaborative team approach, clinic structure and popular “DMD – Whazzup with that?!?” series of children books, as well as the new board game “Duchennium”.

The life of a child with a neuromuscular condition can be difficult and their clinic visits are often long, boring and anything but fun. The Neuromuscular Team at the Child Development Centre is working to change that perspective, by creating a fun, relaxed and playful environment for their clients and families. This workshop will highlight:

- ❑ The collaborative team approach, which involves many health professions and a child life specialist,
- ❑ The clinic structure, which allows for the child and family to have some one-on-one time with the pediatrician and child life specialist, as well as time with the whole team for integrated service planning.
- ❑ The popular “DMD – Whazzup with that?!?” series of children books, including Parts I, II and recently completed Part III.
- ❑ The new board game “Duchennium” that tests the children’s knowledge of Duchenne Muscular Dystrophy in a fun and creative way.
- ❑ Our annual Neuromuscular Picnic, which celebrates our children and their families with a day of fun, games, food and prizes, as well as an opportunity to spend time with family, friends and each other.

Our goal is to provide a clinic environment where the children and their families feel supported, educated and maybe even have a little fun along the way!

For more information regarding our clinic structure or for ordering information for the DMD books or game, please contact:

Karen Koopman  
Child Development Centre  
Hotel Dieu Hospital  
166 Brock Street  
Kingston, ON K7L 5G2  
613-544-3400 ext 2075  
[koopmank@hdh.kari.net](mailto:koopmank@hdh.kari.net)

Brain Pop video link:

<http://www.brainpop.com/health/diseasesinjuriesandconditions/duchennemusculardystrophy/>